



Fearless Hearts Foundation
www.fearlessheartsfoundation.org

*Welcome to the 10th issue, Volume 4, of **InfiniSynechis**, a publication of Fearless Hearts Foundation*

Foundation News & Updates

All Foundation News and Updates can be found on the foundation website

Conscious Living

Right Action, Effective Action

Many years ago, I wondered why Jesus turned the tables of the money changers in the temple instead of simply asking them to leave. I was used to thinking of compassion as gentle, loving and kind. Overturning the tables was bold, some might even

[Home](#) | [Archives of InfiniSynechis](#) |

InfiniSynechis Volume 4, Issue 10, October 2024 page 1 of 5

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think it rash. That was then. Now, there is no doubt in my mind that what Jesus did was the right action. He did not have to think. It was immediate. In my mind and in my heart, there was no question that such an action was skillful compassion.

How do we know what the right action is? The rules are written, and they are rules written in different ways in different religions. Among these are the maxims we were taught as children. We should not lie, cheat or steal.

We must not kill. Is it a sin to lie if telling the truth would mean giving someone away for them to get killed? Is it wrong to steal food? Will it be wrong for a mother to defend herself and her children from someone who seeks their life?

It is said that in one of his incarnations the Buddha offered himself to a hungry mother lion which had been trapped in a thicket and was too weak to get out and hunt for food. The Buddha felt compassion for the mother lion and the two cubs. In the story it was also written that the Buddha had a glimpse of the future and knew that giving himself up to be food also meant he is hastening his own evolution.

In the Bhagavad Gita, Arjuna was tormented with the thought of having to battle his own kin and in the beginning refused to fight. He questions himself whether what he feels is real compassion or only. He was bound by sorrow for having to slay his own kinsmen, until Krishna in the form of Govinda, his charioteer came to him.

The entirety of the Bhagavad Gita is Arjuna's realization that we are in this world and that life is not unlike a play. We have roles to play and we do them without attachment to the outcome.

While the written laws appear to be absolute, we see time and time again that these rules are applied differently each time. It all boils down to attachment. When we see the truth in what we are doing then the laws are at best guidelines. We see that right and wrong are only dictated by the circumstances. A person who is aware does right action all the time and does efficient action all the time.

I remember reading a great story about Gandhi. I do not recall clearly what it was. It involved a lot of people ready to march against the British as a form of protest. At the moment when many people were gathered, many

having come from different places in support of his cause, Gandhi decided to cancel the protest march. His advisers told him no, too many people were involved they had come from too many places and they are ready to go and that they would lose much needed support if he did it and he answered "My only commitment is to truth."

In this lifetime, we have to play many roles, wear many hats. We do them the best that we know how and we get reborn again and again until we realize the answer to the question "Who Am I?"

Philanthropy

[Alice L. Walton](#)

Alice Walton founded several non-profit organizations that include Crystal Bridges Museum of American Art, Art Bridges Foundation, Heartland Whole Health Institute, the Alice L. Walton School of Medicine, and the Alice L. Walton Foundation.

<https://alicelwaltonfoundation.org/>

Business Insights*

[Home](#) | [Archives of InfiniSynechis](#) |

InfiniSynechis Volume 4, Issue 10, October 2024 page 4 of 5

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We have created a dot com website dedicated to uplifting the human spirit, as well as educational materials related to business.

<https://fearlessheartsfoundation.com>

Fundamentals of Being in Business

Business Ideas: Adjusting to the Current Business Climate

Commentary

Fundraising Announcement

Fearless Hearts Foundation is a public charity and welcomes any donation. To donate click on the web link below

<https://fearlessheartsfoundation.org/donate>

Feedback

We welcome your feedback on this newsletter and if there are topics regarding conscious living, business insights or philanthropy that you would like to write about you are welcome to send it to us for a review. Please send your comments/feedback to us at fhfinusa@gmail.com

[Home](#) | [Archives of InfiniSynechis](#) |

InfiniSynechis Volume 4, Issue 10, October 2024 page 5 of 5

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